

When the Holidays Hurt

Two opportunities for helping you through the holidays

Lean on Me

A Concert with the Living River Quartet

Sometimes in our lives we all have pain and sorrow. These challenges often steal the spirit of the holiday season.



Our Concert provides an opportunity to “Lean on Me” and

find support, camaraderie, and love from others who gather together for this traditional event. This concert is a safe place to feel your emotions through the gift of music. The Living River Quartet will share goodwill in spiritual song, feel-good music, and traditional Christmas songs. We invite you to hear music that can soothe the hurt and lyrics that say the words you need to hear.

Saturday, December 1, 2018
4:00 – 6:00 pm

Plaza Hotel and Suites
201 N. 17th Ave,
Wausau, WI

Public is welcome. Free will donation.
Registration not required.

For information, contact:

Nan Zastrow

Wings – A Grief Education Ministry at 715.845.4159

Amy Kitsemel

Aspirus Comfort Care and Hospice Services at 715.847.2703

All I Want for Christmas is the Right to Grieve

Do you ever wish that people would honor your right to grieve? Maybe family and friends just don't understand how difficult the holidays will be for you. If the thought of the holidays creates tension and pain or you aren't quite sure how you will get through the weeks ahead, we've got some ideas for you.



Come join us for our When the Holidays Hurt program. Learn how you can satisfy expectations without compromising your feelings. The “Good News” is that almost every bereaved person is capable of finding joy—even when the holidays hurt!

Tuesday, December 4, 2018
6:00 – 7:30 pm

Aspirus Wausau Hospital
Medallion Room
Wausau, WI



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