

Understanding Grief Spring 2010 Seminar

Presented by Wings - a Grief Education Ministry



Dr. Alan Wolfelt

A community seminar for grieving families

Protect Them or Teach Them?

Understanding How Children and Teens Mourn

Monday, May 3, 2010  7:00 - 9:00 p.m.

Free of charge and open to the public

Grief is an experience shared by both adults and children. When a parent, sibling, friend, or relative dies, children feel the overwhelming loss of someone who helped shape their fragile self-identities. Children at different ages respond to grief in unique ways. Recognize the signs of grief needing attention and honor grief expressed. Adults have a responsibility to help young people understand both the joy and the pain that comes from caring deeply for others. A variety of subtopics will be explored in an effort to help participants learn how to artfully “companion” children and teens impacted by death loss.

Both seminars will be held at

The Plaza Hotel & Suites

201 North 17th Avenue,
Wausau, WI



For information or a
program brochure contact:

Nan Zastrow 715.845.4159
or
Amy Kitsemel 715.847.2703

Providing Extraordinary Grief Support for Families with Sudden, Violent or Suicide Deaths

Tuesday, May 4, 2010  9:00 am – 12:00 noon

Cost: \$40

Intense grief experiences raise a sense of helplessness and despair. There is an instinctive need to understand “why did this happen” and the doubt of “how will I survive this reality if it did happen.” Some create social stigmas. Some create mysteries, but all require giving attention to the special needs for healing. Learn how to help families intentionally mourn the death and help them believe in their capacity to heal. Help them to not only survive, but to truly live, again. This informative seminar will help members of the caregiving community who want to further develop their knowledge and skills on helping people mourn sudden, violent or suicide deaths.

Presented by


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